

Raleigh, NC – Hospice of Wake County is pleased to announce the dates for Camp Reflections, a day camp for grieving families produced by Horizons Family Grief Center. During the two-day camp (Friday, September 12, 6:00 p.m. - 8:30 p.m. and Saturday, September 13, 8:30 a.m. - 4:00 p.m.), family members will share in storytelling, arts & crafts, music, and grief-related activities. Camp Reflections will be held at Lake Lynn Community Center, 7921 Ray Road in Raleigh.

Related Links:

[Reflections](#)

[Hospice of Wake County](#)

Facts...

- When a family member dies, children react differently from adults.
- Preschool children usually see death as temporary and reversible, a belief reinforced by cartoon characters who die and come to life again.
- Children between five and nine begin to think more like adults about death, yet they still believe it will never happen to them or anyone they know.
- Children do not like to be perceived as different. Camp Reflections is a chance for children to meet other children who have had similar losses. This is the common factor, not the one that sets them apart.
- No two people experience grief exactly the same way, yet there are similarities in the feelings people experience when they are grieving. These feelings may differ in intensity or in duration depending on the person. These feelings include shock, anger, guilt, sadness, and hopelessness.

Quotes:

“Each person’s grief journey is his or her own. There’s no fixed schedule. We make our services available to you when it’s appropriate, even if it’s two or three years later.” Dean Leake, Bereavement Counselor.

About Horizons Family Grief Center:

Horizons Family Grief Center is committed to providing compassionate care and support to adults and children who are preparing for, or grieving, the loss of a family member or close friend. Our support groups, educational programs, and short term counseling services are available to any member of the community as well as to families served by our hospice care teams.

One of the best ways to address grief issues is to talk about them with others who are also coping with the death of a loved one. Our Family Grief Center offers both daytime and evening support groups throughout the year. When possible, these groups are segmented by gender, age or loss categories such as that of a parent, child, spouse, or sudden traumatic loss.

About Hospice of Wake County:

Your community hospice since 1979, Hospice of Wake County provides physical, emotional and spiritual care to those living with an advanced illness, their caregivers, and those who have lost a loved one regardless of age, race, religion, or financial circumstances. Our service area includes Johnston, Franklin, Chatham, Durham, Granville and Harnett counties as well as Wake County. Guided by community-based boards of directors and supported by a dedicated professional staff, our goal is to provide compassionate hospice care that allows patients to enjoy every moment of their lives to the fullest. For more information on Hospice of Wake County you may call 919-828-0890 or visit www.hospiceofwake.org.

Website: <http://www.hospiceofwake.org/index.html>

Hospice of Wake County

Darcy Dye

Community and Public Relations Manager

email: ddye@hospiceofwake.org

phone: 919.828.0890

Keywords:

Grief, children, memories, nurture, Hospice, non-profit